BY PROGRESSIVE CENTER
Forward
FALL 2026
VOLUME 95
QUARTERLY NEWSLETTER | SERVING OUR COMMUNITY SINCE 1996.

ARTICLES BY PCIL

PG 1 Celebrating National Disability Employment Awareness Month
PG 3 Annual PCIL Summer Picnic
PG 4 PCIL Celebrates Award Recognition and 30 Years of Service
PG 5 Celebrate Our Past. Support What's Next.
PG 6 Hunterdon Happenings
PG 7 Mercer Recreation Highlights
PG 8 Resources to Know
PG 9 Upcoming Events
PG 10 PCIL Staff List
Back PCIL is Hiring

ARTICLES BY ADRC

PG 12 - PG 19

This publication is brought to you by staff of Progressive Center for Independent Living and Mercer County ADRC.

CELEBRATING NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH

- By Renee Pfaff of PCIL

October is recognized as National Disability Employment Awareness Month (NDEAM). This is a time we proudly support individuals with disabilities by acknowledging their contributions to the work world. NDEAM also highlights the importance that all individuals, no matter their abilities, should have the right to meaningful employment.

NDEAM began in 1945 and started out as a week-long observance highlighting employees living with physical disabilities. In 1988, Congress expanded this into a month-long observance. Over time, its focus has grown beyond recognizing the contributions of people with disabilities (PwD) to include raising awareness about the importance of expanding employment opportunities and promoting inclusive workplaces. This message is especially relevant in New Jersey, where approximately one in four adults live with a disability, according to the *2024 New Jersey Disability Report* published by the Center for Independent Living of South Jersey.

The Progressive Center for Independent Living (PCIL) has long been committed to supporting PwD in their pursuit of employment and independence. Twenty-two years ago, PCIL took on programs that educated those living with disabilities to self-advocate for workplace

Continued to PG 2

Continued from PG 1

accommodations, understand which careers they were most suitable for, learn the post-secondary education needed for their dream career and provided various career exploration opportunities to help identify the path they would flourish in. Additionally, our staff are available to provide support for those looking to build upon necessary work-related skill sets such as killing that interview and understanding work culture and environment.

This October, PCIL was proud to recognize several consumers who are working toward greater independence and have found employment that provides more than financial support. Their jobs offer opportunities to develop new skills, build relationships, contribute to their communities, and enhance their overall well-being. Throughout the month, Amy N., Mike P., Michael C., and Remi P. shared their employment stories, highlighting their roles, the work they do, and why having the opportunity to work is so important to them. By sharing these experiences, we hope to celebrate their accomplishments and encourage others to recognize the value and potential of workers with disabilities.

Unfortunately, meaningful employment is still not an accessible or readily available option for everyone with a disability. Too often, people with disabilities are overlooked or underestimated when it comes to their employment potential. But why should that be the case? People with disabilities have talents, skills, interests, and valuable contributions to offer. With appropriate opportunities, support, and accessibility, they can thrive in the workplace just like anyone else.

To read the stories of our highlighted consumers, visit us on Instagram @pcil_nj or Facebook @progressivecenternj.



Amy Nicoson
Dining Hall Assistant



Michael Powell
Self-Checkout Host



Michael Cumba
Walmart Grocery



Remi Psak
Dental Assistant



ANNUAL PCIL SUMMER PICNIC

(THROUGH THE EYES OF A PARTICIPANT)

- By Daniel Nehmad

Crowds began gathering in the West Picnic Area of Mercer County Park on September 16 at 11:00 am for PCIL's 2026 Summer Picnic. This was an informal gathering for the PCIL members to relax, chat, and enjoy the outdoors; guests could then eat together. Games of corn-hole were running while people wandered and roamed through the park.

At about noon, Supervisor Renee Pfaff instructed guests to sit for food. Then, as guests were eating hot dogs, hamburgers, and cheeseburgers, one mysterious guest pulled into the park.

This perplexing figure turned out to be Amazing Mike the Magician! He gathered his supplies near the benches where people were eating, and he began surprising people with his magic. First, he guided Natalie—a consumer—to pull money out of an empty metal bowl. Then, mysteriously, he helped other consumers similarly pull cash from other hollow objects!

To further astound, Amazing Mike showed everyone big, blank pages in a notebook he brought with him. Then, after closing the book and casting some spells, Amazing Mike opened it to show pages filled with numerous outlines of unique images! Then, after closing the book again, Amazing Mike opened it back up to show the images to be magically colored in!

All this magic caused a commotion among guests! The warm weather was occasionally interrupted by cool breezes, and so Amazing Mike first blew hundreds—then thousands of shiny, shimmering bubbles as the warm afternoon beamed. Shaken up by his magic, Amazing Mike provoked an energy and excitement among those gathered at the park that day.

To top off Amazing Mike's show, an ice cream truck pulled into the park's parking lot to disperse cold, sweet ice cream treats to consumers once Amazing Mike's show was over!



2026 PCIL Staff celebrating PCIL's 30 years in service!

PCIL CELEBRATES AWARD RECOGNITION AND 30 YEARS OF SERVICE

September 30 was an exciting and memorable day for the Progressive Center for Independent Living (PCIL). The organization received two Community Building Awards sponsored by the New Jersey Council on Developmental Disabilities, recognizing the impact of its advocacy and programs.

PCIL's Executive Director, Scott Elliott, received the Daniel J. Keating Leadership Award for his advocacy efforts, while Stephanie Wilmot, Supervisor of the Independent Living Department, received the Access Above and Beyond Award in recognition of PCIL's Drive-Ability program, which supports individuals with disabilities in working toward greater independence and employment opportunities.



Renee Pfaff, Stephanie Wilmot, and Bill Donohue.

The celebrations continued that evening as PCIL hosted a networking event to commemorate their 30 years of serving individuals with disabilities in Mercer and Hunterdon Counties. More than 160 attendees, including

Continued to next page.

families, consumers, and community partners, joined the celebration. Representatives from Senator Andy Kim's office and Mercer County Executive Dan Benson's office were also in attendance. In recognition of PCIL's three decades of service and commitment to the community, the organization was honored with two proclamations.

The event also provided an opportunity to unveil PCIL's new logo and showcase its new promotional video, highlighting the organization's mission, programs, and ongoing commitment to empowering people with disabilities to live independently and participate fully in their communities. You can view the video on our YouTube channel at www.YouTube.com/@pcilnj.

PCIL extends its heartfelt thanks to everyone who attended and helped make this milestone celebration so special. A special thank you goes to the businesses and community partners who sponsored the event and whose generous support helped make the celebration possible. To see all the wonderful sponsors be sure to visit www.pcil.org/30years.

As PCIL looks ahead to the future, the organization remains committed to building on its 30-year legacy of advocacy, inclusion, and independent living throughout Mercer and Hunterdon Counties.

CELEBRATE OUR PAST. SUPPORT WHAT'S NEXT.

As we reflect on 30 years of service, we also look ahead to the opportunities we can help make possible. This commitment has inspired PCIL to revitalize the Colleen Fraser Fund, honoring our former Executive Director, Colleen Fraser, and her dedication to advancing independence and opportunity for people with disabilities.

The fund helps people with disabilities pursue education, employment, recreation, and personal growth when financial barriers stand in the way. Your support can help someone learn a new skill, pursue a career goal, or take part in an activity that connects them with their community.

Your $30 gift can help put the next opportunity within reach.

Visit www.pcil.org/fraser-fund or scan the QR code to see the difference the fund has made—and help make the next opportunity possible.



Participants at the Somerset Patriots Game with R.E.C.C.

HUNTERDON HAPPENINGS

- By Bette Ann Sinclair of PCIL Hunterdon

The Progressive Center for Independent Living enjoyed an evening out at our first game at the Somerset Patriots Ballpark in Bridgewater, NJ. On a summer night, at the end of July, the Somerset Patriots and the Richmond Flying Squirrels played ball! We observed a lot of activity on the field and witnessed a "win" for the Patriots beating the Squirrels 4-2. All had a great time, and the night ended with a sky full of fireworks on a summer's eve!

To wrap up August, participants came together in the back lot of the Hunterdon office for games, laughter, and summer fun! From "ginormous checkers" and cornhole, to putter pong and more, there was something for everyone to enjoy. The event gave us a chance to meet new people, have friendly competitions, snack on watermelon, and spend quality time together!

We ended the summer, again, out in nature. The day before was rainy, and the day of the scheduled hike was cloudy! A group of die-hard participants waited patiently for the day to clear and dry up to hike the Landsdown Trail in Clinton. Park Naturalist, Laura Kroon Bush, led the group on an easy-breezy, level trail and discussed various tidbits on birds and the local habitat. It was a perfect evening for members of the group to socialize, be active, and to enjoy an ice cream treat at Just Chill in town! Be sure to visit our social media pages to find more photos of our events!

Join Us Next Time!

Find all our upcoming events

www.pcil.org/events
www.facebook.com/progressivecenternj

MERCER RECREATION HIGHLIGHTS

- By Jessica Gushnay of PCIL Mercer

We had an exciting summer filled with live music, friendly competition, and our annual picnic! From enjoying outdoor entertainment to cheering on our softball teams, this quarter gave us plenty of opportunities to connect, make memories, and enjoy time together.

Summer Sounds at the Mercer County Concert Series!
We enjoyed an evening of classic Motown, R&B, and soul music at Mercer County Park, featuring performances by Men of Soul and Lady Supreme! Participants shared their love of music, enjoyed the outdoor atmosphere, and joined by clapping and waving along to the beat. It was a wonderful way to spend a summer evening together!



Ready, Set, Play! PCIL's Annual Softball Game
Our annual softball game brought out the teamwork and team spirit! Participants chose to play on the yellow or blue team or cheer from the sidelines. With plenty of encouragement, friendly competition, hot dogs, and refreshments, the evening was filled with support, laughter, and community. Whether playing or cheering, everyone had a chance to be part of the fun!

Sunshine, Smiles, and Our Annual Picnic!
We wrapped up the summer with our annual picnic at Mercer County Park! Everyone enjoyed delicious food, lawn games, an ice cream truck, and an entertaining magic and bubble show. The bubbles were a big hit, with participants chasing and popping them throughout the show. It was a lovely opportunity to relax, socialize, and enjoy the last days of summer together.



At PCIL, recreation is about more than just having fun. It's about building friendships, exploring interests, encouraging participation, and creating a welcoming space where everyone can feel included. Thank you to everyone who joined us and helped make this summer so special. We can't wait to see what our next season brings! Check out our social media pages for more photos!



Accessible Workstation at Mercer County One-Stop Career Center

RESOURCES TO KNOW

- By Yvette Ragsdale of PCIL Mercer and Bette Ann Sinclair of PCIL Hunterdon

Mercer County One-Stop Career Center Introduces Accessible Workstation

The Mercer County One-Stop Career Center now offers an accessible workstation designed to help local residents with disabilities access employment services with greater independence and fewer barriers. The workstation features an adjustable-height table and assistive technology, including text-to-speech and speech-to-text software, to support a variety of accessibility needs. Staff familiar with the workstation are available to provide guidance and assistance, helping ensure that all residents can access the employment resources and services they need.

The One-Stop office is located at 26 Yard Ave. in Trenton. For more information, contact them at 609-989-6523.

On October 19, Renee Pfaff, IL Department Manager at the Progressive Center for Independent Living (PCIL), joined County Executive Dan Benson and representatives from the NJ Department of Labor and Workforce Development, the Workforce Development Board, NJ Division of Vocational Rehabilitation, the County Office on Aging and Disability Resource Connection, and the Council on Developmental Disabilities for a demonstration of the new accessible workstation.

The visit was a wonderful opportunity to highlight the importance of accessible employment resources and celebrate October's National Disability Employment Awareness Month, which recognizes the contributions of workers with disabilities and promotes inclusive employment opportunities for all.

JOIN US THIS *Fall*

NOVEMBER

03	Launch Your Future: Part 1 - Know Yourself *PEER GROUP | HAMILTON, NJ*	Mercer
05	Bingo at Elks Lodge (Fee Applies) *RECREATION | FLEMINGTON, NJ*	Hunterdon
09	Launch Your Future Part 1 - Know Yourself *PEER GROUP | LEBANON, NJ*	Hunterdon
17	Launch Your Future: Part 2 - Market Yourself *PEER GROUP | HAMILTON, NJ*	Mercer
19	Fall Luminaries (Fee Applies) *RECREATION | HAMILTON, NJ*	Mercer

DECEMBER

01	Launch Your Future: Part 3 - Present Yourself *PEER GROUP | HAMILTON, NJ*	Mercer
04	Ironhawks Ice Hockey Game (Fee Applies) *RECREATION | TRENTON, NJ*	Mercer
14	Launch Your Future Part 2 - Market Yourself *PEER GROUP | LEBANON, NJ*	Hunterdon
15	Find Your Calm in Movement & Sound *PEER GROUP | HAMILTON, NJ*	Mercer

REGISTRATION REQUIRED FOR ALL EVENTS.
For times, locations, costs, and registration, scan the qr code or visit www.pcil.org/events or call 609-581-4500.

PROGRESSIVE CENTER for Independent Living

www.pcil.org | info@pcil.org | FB: @ProgressiveCenterNJ | IG: @pcil_nj

MERCER OFFICE
3635 Quakerbridge Road, Suite 40
Hamilton, NJ 08619
Phone: 609-581-4500
Fax: 609-581-4555

MERCER STAFF
Executive Director
Scott Elliott

IL/Transition Team of Mercer
Renee Pfaff, *IL Department Manager*
Stephanie Wilmot, *IL Supervisor*
Nicholas Cimillo
Bill Donohue
Jessica Gushnay
Yvette Ragsdale

Support Coordinators of Mercer
Batool Bokhari, *Department Manager*
Zully Ehret, *Supervisor, Plan Reviewer*
Patty Stauss, *Supervisor, Plan Reviewer*
Lisa Borja
Alicia DeGraw
Neelam Golani
Nicholas Prehn
Rozlyn Taylor
Amy Watts

HUNTERDON OFFICE
1220 State Highway 31, Suite 14
Lebanon, NJ 08833
Phone: 908-782-1055
Fax: 908-782-1081

HUNTERDON STAFF
IL/Transition Team of Hunterdon
Bette Ann Sinclair

Support Coordinators of Hunterdon
Teresa Pirretti

BOARD MEMBERS

Vice President	Michele Tyler
Secretary	Lauren Agoratus
Treasurer	Kelly Klein
Members	Marlene Brockington Chris Freels Steve Gruzlovic Richard Hood Eric Laufenburg Axel McNamara Ryann Siclari, Esq.

VOLUME 95
FALL
2026

your DOORWAY QUARTERLY

A quarterly publication written by the Mercer County Office on Aging/Aging & Disability Resource Connection to help support older adults, those living with disabilities, and their caregivers



ARTICLES BY ADRC

PG 12 Aloha to Friendship, Fun, and Community: Mercer County Celebrates Older Adults at the 2026 Annual Senior Celebration!

PG 14 Medicare Chronic Care Management

PG 16 Disability Employment Awareness Month

PG 17 Social Work Services Available at Mercer County Library System

PG 19 ADRC Staff List

Mercer County Office on Aging/ ADRC
2210 Hamilton Ave.
Hamilton, NJ 08619

ADRC (609) 989-6661
Nutrition (609) 989-6650
TOLL FREE (877) 222-3737

County Executive Dan Benson & The Board of Commissioners
Terrance Stokes (*Chair*), Cathleen M. Lewis (*Vice Chair*), John A. Cimino, Samuel T. Frisby, Kristin L. McLaughlin, Nina D. Melker, Lucylle R.S. Walter



2026 Annual Senior Celebration at The College of New Jersey

Aloha to Friendship, Fun, and Community:

Mercer County Celebrates Older Adults at the 2026 Annual Senior Celebration!

By Jenifer Williams, Chief of the Mercer County Nutrition Program for Older Adults

On October 2, the Mercer County Nutrition Program for Older Adults hosted its Annual Senior Celebration, bringing together more than 500 older adults, volunteers, and community partners from across Mercer County for a day filled with laughter, friendship, and festivities. This year's celebration took place at The College of New Jersey's Student Recreation Center, where participants enjoyed a tropical escape inspired by the theme Hawaiian Luau.

The recreation center was transformed into a colorful island paradise, creating a welcoming atmosphere for all. Attendees enjoyed lunch, lively music, dancing, games, and activities designed to encourage socialization and friendship. The event provided opportunities for program participants to reconnect with familiar faces, establish new friendships, and celebrate the importance of staying active and engaged.

Mercer County Executive Dan Benson joined the festivities, spending time with participants and reinforcing the County's continued commitment to supporting the health, well-being, and quality of life of its older adult residents.

The collaboration between Mercer County departments including the Department of

Continued to next page.



Mercer County Executive Dan Benson posing with party attendees

Human Services, TRADE Transportation, and the Sheriff's Office; The College of New Jersey; municipal partners; dedicated staff; and volunteers contributed to the success of this year's celebration. Their efforts created a memorable and enjoyable experience that attendees are still talking about!

More than just an annual event, the Senior Celebration reflects the Mercer County Nutrition Program's ongoing commitment to promoting healthy aging, reducing social isolation, and fostering meaningful community connections. For more than 30 years, this cherished tradition has brought older adults together, reminding us that friendship, laughter, and a sense of belonging are essential ingredients for healthy aging.

The Mercer County Nutrition Program for Older Adults serves individuals age 60 or older, their spouses regardless of age, eligible individuals with disabilities, program volunteers, and personal care aides accompanying participants. In addition to providing nutritious weekday lunches planned by a registered dietitian, the program offers nutrition education, nutrition counseling, health and wellness activities, educational opportunities, and recreational programs that encourage independence and social engagement.

For additional information or to register for the weekday lunch program, please contact the Mercer County Nutrition Program for Older Adults at nutrition@mercercounty.org or 609-989-6650.



Packed house at the Mercer County Nutrition Program for Older Adults Annual Senior Celebration



One of the many hula-themed attractions at the senior celebration



Medicare Chronic Care Management

By Reed Thomas, Program Coordinator,
Mercer County Office on Aging/Aging and Disability Resource Connection (ADRC)

When dealing with health issues, the coordination and management of care can quickly become confusing, stressful, and/or overwhelming. There are many facets to managing chronic illnesses, like scheduling appointments, finding in-network clinicians, and organizing and administering medications, and the results can be disastrous if not done effectively. If you are experiencing this and are enrolled in Medicare, the chronic care management (CCM) service may be able to help.

According to the Centers for Medicare & Medicaid Services, chronic care management under Medicare is managing two or more chronic conditions expected to last at least 12 months. Chronic conditions place the patient at significant risk of death, acute exacerbation or decompensation, or functional decline. Chronic care management is a critical primary care service that contributes to better patient health and care.

Chronic care management includes:

- A comprehensive care plan that lists your health problems and goals, other providers, medications, community services you have and need, and other information about your health
- 24/7 access to urgent care needs
- Support when you go from one health care setting to another
- Review of your prescriptions
- Help with other chronic care needs

Continued to next page.

To be eligible for this service, you must have two or more serious chronic conditions (such as arthritis and diabetes) that you expect to last at least a year.

Finding a provider of chronic care management can be tricky. If you have original Medicare, any provider who offers the service in your area and accepts Medicare can be used. In this case, Medicare pays 80 percent of the cost, and you have a 20 percent copay. If you are enrolled in a Medicare Advantage Plan, also called Medicare Part C, please speak to your plan provider to learn who provides chronic care management and is in-network.

Providers of chronic care management may be the healthcare organizations you're working with or they may be outside organizations; however, all providers must perform evaluations at regular intervals per Medicare's rules. Some organizations providing chronic care management services are Solace Health, Henry J. Austin Health Center, SMC Physicians, Cresent Multi Specialty Group, Total Patient Care, and Garden State Medical Group, but there may be other options. Unfortunately, a complete list is not available from Medicare, and the Medicare "find & compare providers near you" search at www.medicare.gov does not let you search for the service.

If chronic care management seems like it may be right for you, start by discussing it with your care team, as it may be available through your providers.

For more information on chronic care management services, visit https://www.medicare.gov/coverage/chronic-care-management-services or call 800-MEDICARE (800-633-4227). TTY users can call 877-486-2048.

JACC
Jersey Assistance for Community Caregiving

To learn more or start applying, please contact the Mercer County Office on Aging/Aging and Disability Resource Connection at (609) 989-6661 or ADRC@mercercounty.org.

ABOUT JACC

Jersey Assistance for Community Caregiving (JACC) is a program that provides in-home services to seniors at risk of placement in a nursing home. It includes an array of services designed to supplement the assistance given by the individual's caregiver network. Qualified individuals may have the opportunity to hire their eligible family, friends, or neighbors to provide the care they need.

National Disability Employment Awareness Month

By Reed Thomas, Program Coordinator,
Mercer County Office on Aging/Aging and Disability Resource Connection (ADRC)

This October marks the 81st anniversary of National Disability Employment Awareness Month, an annual recognition of the positive impact of people with disabilities in the American workforce. This year's theme is Celebrating Value and Talent, and there are many ways to do this, but I would like to highlight something the Mercer County Office on Aging/Aging and Disability Resource Connection (ADRC) and other divisions of Mercer County's administration have done to support disability employment; it is something you may be able to do, too.

In New Jersey, one of the many employment services offered to youth and adults with disabilities who are going through the Division of Vocational Rehabilitation Services (DVRS) process is a paid internship that gives them real-world work experience, helps build their résumés and develop professional references, and provides their first steps into competitive employment. The state program pays the interns for 150 hours of work, and program service vendors (the agencies that provide pre-employment training, skills development, job coaching, and other services) help connect them to internship opportunities with local businesses and organizations.

The Office on Aging/ADRC has been a host organization since 2024, and the experience has been nothing but positive. We've hosted four interns, and they were valuable team members who helped with tasks including researching and updating resource lists, taking program applications, and organizing and filing documents. Our interns were motivated, hard-working, and eager to prove themselves and to move forward in their journeys toward employment.

If you are a business owner or someone in a human resources position, please consider becoming a host. The internship is easy to access. You can learn more about NJ DVRS services by visiting their website, https://www.nj.gov/labor/career-services/special-services/individuals-with-disabilities, or by calling the office serving Mercer County at 609-292-2940.

Social Work Services Available at Mercer County Library System

The Mercer County Library System (MCLS) has expanded its commitment to the community by offering free, confidential social work services that help residents navigate local, county, and state resources and connect with community support. Available to everyone, the library's social worker provides one-on-one appointments to help individuals understand applicable resources, complete applications for benefits and services, and identify programs that best meet their needs.

"Our libraries are so much more than just a place to borrow books," said County Executive Dan Benson. "They're centers of our community and trusted spaces where our residents can access a wide range of resources. The MCLS social worker is another innovative step that allows us to better connect our residents with the services they need."

The initiative also is supported by graduate-level interns from the Rutgers School of Social Work, expanding the library's capacity to connect community members with resources while providing valuable hands-on training for future social workers.

Whether seeking assistance with housing, healthcare, employment, food assistance, financial resources, or other community services, patrons can receive guidance and referrals in a welcoming, supportive, and confidential environment. The library can help patrons connect with community resources and navigate available services; however, it does not provide direct housing services, medical care, mental health counseling, crisis intervention, or legal services. The library also cannot guarantee that services provided by outside organizations will be available at no cost.

Although the service is open to all, appointments primarily focus on resources available in Mercer County. Appointments are available on select days at the Lawrence Headquarters, Robbinsville, Hightstown, and Ewing branches.

To learn more about the Mercer County Library Systems' social work services or to schedule an appointment, visit https://resources.mcl.org/social-services.

Appointment scheduling also is available by visiting or calling any of the Mercer County Library System branches (https://mcl.org/branches).



Anthony the Social Work Librarian and Jessica the Social Work Intern

STATE OF NEW JERSEY DEPARTMENT OF HUMAN SERVICES

Personal Assistance Services Program (PASP)



GRANT SERVICES YOU NEED

PASP provides routine, non-medical personal care assistance to adults with permanent physical disabilities 18 years of age or older and are employed, preparing for employment, attending school, or involved in community volunteer work and who are able to self-direct their services. The goal of this program is to support individuals with physical disabilities so that they may remain active participants in their community. The PASP offers participants choice, flexibility, control, and the opportunity to manage their personal care assistance services. Eligibility is not income based, but there is a cost share based on income.

Mercer County ADRC
Reed Thomas
609-989-6459
rthomas@mercercounty.org

640 South Broad St.
P.O. Box 8068
Trenton, NJ 08650-0068

DDS
NJ DIVISION OF DISABILITY SERVICES

ESTADO DE NEW JERSEY DEPARTAMENTO DE SERVICIOS HUMANOS

Programa de Servicos de Asistencia Personal (PASP, por sus siglas en inglés)

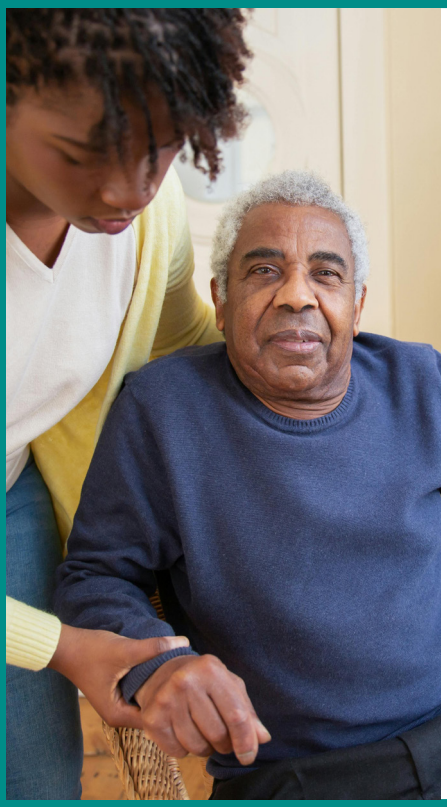


El PASP es un programa de asistencia de cuidado personal que proporciona asistencia habitual para el cuidado personal no-médico a adultos con discapacidades permanentes mayores de 18 años de edad que estén empleados, se estén preparando para trabajar, asisten a la universidad, estén involucrados en trabajos voluntarios en la comunidad y sean capaces de dirigir personalmente sus propios servicios. El objetivo del PASP es apoyar a las personas con discapacidades físicas permanentes de manera que ellas puedan seguir siendo participantes activos en su comunidad. El PASP les ofrece a los participantes la elección, flexibilidad, control y la oportunidad de manejar sus propios servicios de cuidado personal. La elegibilidad no se basa en el ingreso, pero hay una repartición de costos basados en el ingreso.

Mercer County ADRC
Reed Thomas
609-989-6459
rthomas@mercercounty.org

640 South Broad St.
P.O. Box 8068
Trenton, NJ 08650-0068

DDS
NJ DIVISION OF DISABILITY SERVICES



STATEWIDE RESPITE CARE PROGRAM

Services To Provide Short-Term, Intermittent Relief to New Jersey's Caregivers

Caring for anyone is a huge job. The Statewide Respite Care Program offers services to the person who needs care so that you, the caregiver, have respite - that much needed break.

To learn more or start the application process, please contact the Mercer County Office on Aging / Aging and Disability Resource Connection at **(609) 989-6661 or ADRC@mercercounty.org.**

MERCER COUNTY • NEW JERSEY •

ADRC NJ

ADMINISTRATIVE STAFF

Deputy Director, Mercer County Department of Human Services, and Executive Director, Mercer County Office on Aging/ADRC
Erica Saganowski

Administration Support Staff
Karina Turek

NUTRITION STAFF

Nutrition Program Director
Jenifer Williams

ADRC STAFF

Area Planner
Bridget Maximonis

Assistant Program Coordinator Aging & Disability
Monica Maldonado

Assistant Program Coordinator Aging & Disability
Tina Spoto

PASP Coordinator/Program Coordinator Aging & Disability
Reed Thomas

Senior Fiscal Analyst
Santosh Gyawali

SNAP Navigator/Assistant Program Coordinator Aging & Disability
Janka Maya



Your next career could *change someone's life.*

PCIL is Hiring!

PCIL is looking for full-time or part-time Support Coordinators for our Hamilton and Lebanon locations. Do you want to assist individuals with developmental disabilities in accessing services, maintaining supports, and working toward their personal goals?

You will work closely with individuals, families, providers, and community partners while following DDD and agency guidelines to ensure services are coordinated, person-centered, and aligned with each individual's needs.

Visit: www.pcil.org/careers

VOL 95 FALL 2026

A PCIL & ADRC NJ Collaboration

Progressive Center for Independent Living
3635 Quakerbridge Road
Suite 40
Hamilton, NJ 08619

FREE MATTER FOR THE BLIND AND HANDICAPPED

Phone: 609-581-4500
Fax: 609-581-4555
E-mail: info@pcil.org
Site: www.pcil.org
FB: @ProgressiveCenterNJ
IG: @pcil_nj